



Environment Therapy Report for

Oprah Winfrey

29 January 1954

4:30

Kosciusko, Mississippi

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Introduction

Your Environment Therapy Report provides an astrological analysis of what you are likely to experience in the cities and towns that you selected. The astrological influences are listed very approximately in an order from strongest to weakest, so that the information provided earlier in the report has a more powerful effect on you than the information provided later in the report.

"Environment Therapy" refers to the ways in which different geographic regions affect our attitudes and behaviors and even our physical health, and how we can use this information to enhance our well being and health. Some of us feel rejuvenated at the beach or we feel more alive, enthusiastic, and energetic in certain cities, or we feel a need to periodically hike mountain trails. In different ways different environments are therapeutic for us.

Also note that you may prefer a particular beach, hiking trail, or city more than another even though there may be no obvious tangible reason for why this is so. One person visits Chicago and loves it, and another person with similar tastes and proclivities visits Chicago and finds that nearly every other city is preferable. We react differently to different locations, and one can never be certain how a given person will respond to a particular place. There seems to be a certain kind of chemistry that develops between a person and certain geographic regions just as there is a special chemistry between people. This is where the astrological influences may be relevant. The astrological influences may be able to indicate how we function in different locations.

Of course the demographics of people living in the area, the climate, topography, etc. of an area are vitally important, and the astrological influences are not the only factor that determines how we function in a given place! However, it is possible that astrological influences do play a part in how we experience different places.

Astrology is a controversial subject. One reason for the controversy is that astrology has not yet been scientifically validated. Until astrology is validated it is wise to regard astrological information with some caution or skepticism. Also, you should consult a physician or other health care professional if you are experiencing a physical problem! Although astrology has not been validated scientifically, many people do find astrological information to be useful and hopefully you find the information provided in this report to be helpful to you in finding a place that is most conducive to good health, and ways in which you can be as healthy as possible in whatever place you are located.

Technical Details

The information given below is provided For the benefit of astrologers and students of astrology. If you are not interested in these technical details, then skip this page and proceed to the analysis of the cities and towns that you have selected.

Sun	9 Aqu 00	Saturn	9 Sco 03
Moon	4 Sag 32	Uranus	20 Can 19
Mercury	19 Aqu 09	Neptune	26 Lib 04
Venus	8 Aqu 51	Pluto	24 Leo 09
Mars	23 Sco 35	Asc	29 Sag 41
Jupiter	16 Gem 39	MC	17 Lib 25

Tropical Placidus Standard time observed
GMT: 10:30:00 Time Zone: 6 hours West
Lat. and Long. of birth: 33 N 03 27 89 W 35 15

Aspects and Orbs to Relocated Angular House Cusps:
Conjunction 5°00' Opposition 5°00'
Square 3°00' Trine 3°00'
Sextile 3°00' Noviles 1°30'
Conjunction and Opposition to Midpoints 2°30'

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1: **SAN DIEGO DE LA., MEXICO** 21N28 100W52 25 SA 24 5 LI 12

Asc Sextile Neptune (Orb:0 Deg 40 Min)

You are able to connect with your highest dreams and ideals in this area. You are also able to connect with others who share these ideals, even though some of these people may have a different social, religious, demographic, or ethnic background. These experiences make you feel comfortable and help give your life meaning and purpose. These experiences promote good health, but you must also avoid being a bit passive or trying to take short cuts. Avoid overly simplistic and unrealistically easy ways to achieve your dreams. If you become too lazy or passive, your vibrancy and energy will also be diminished.

MC Sextile Moon (Orb:0 Deg 40 Min)

You feel very comfortable in this geographic area. You are likely to create a very pleasant home life, and you enjoy a wide circle of friends and acquaintances. The comfort you experience and the network of friends you develop is good for your emotional health, and ultimately is good for your physical health too.

Asc Trine Pluto (Orb:1 Deg 15 Min)

You do things with passion and conviction while in this area. You feel more alive here. This immersion in activities is good for your health. You are likely to encounter challenges and obstacles, but fortunately you are also likely to work your way through these problems and resolve them. Overall, this astrological influence is good for health, but other astrological influences are likely to have a more powerful effect on your health than this one.

Desc QuadNovile Moon (Orb:0 Deg 52 Min)

A good place for emotional support, a feeling of family, and a supportive community.

IC QuadNovile Neptune (Orb:0 Deg 52 Min)

A good place to share your ideals and dreams with others. A sense of a spiritual community.

Asc=Sun/Saturn (Orb:1 Deg 23 Min)

You tend to be serious and focused on your responsibilities in this location. Your self-discipline is good and this is a benefit to you. However, your health and vibrancy here can also be weakened by a life style that lacks joy and spontaneity.

Asc=Venus/Saturn (Orb:1 Deg 27 Min)

You might find some of your relationships becoming more like an obligation than a joy and blessing in your life. If this happens, the lowering of inner enthusiasm and joy eventually can affect your health. On the positive side, this is a place where you face responsibilities to others and yourself, and you can, for example, lose extra pounds that you would like to shed. However, if you find there is little real joy for you in this location, then you need to find a way to change this.

MC Novile Pluto (Orb:1 Deg 03 Min)

A good place to probe the motivations behind your career path, and to make adjustments that benefit you and those you work for.

2: **NEW YORK, NEW YORK** 40N42'51" 74W00'23" 9 CP 15 3 SC 53

Asc Sextile Saturn (Orb:0 Deg 13 Min)

Your self-control, capacity for discipline, and focus on things that are most important to you is very strong in this area. You are likely to find that you are able to diet, exercise, and build a healthy routine more easily here than you can in other areas. Consequently, your health tends to be good. In this area you are also likely to have trustworthy friends.

Asc Novile Mercury (Orb:0 Deg 06 Min)

A good place for counseling or group therapy, and also for seminars and workshops that are designed to heal, nurture, and support the attendees.

IC QuadNovile Mars (Orb:0 Deg 18 Min)

A good place for gaining confidence and cooperation with others. A positive place for a team effort and business meetings. Also a good place strengthening and intensive healing, such as deep tissue massage, etc.

MC=Mercury/Uranus (Orb:0 Deg 51 Min)

You are inspired with creative ideas in this geographic area. Your nervous system seems to run faster here. If you find your mind is racing or the pace of your life is too hectic, find ways to re-center yourself and calm yourself. Take sensible steps to strengthen and stabilize your system. For example, making sure you are getting enough calcium and B vitamins can be more constructive than drinking so much coffee that your caffeine intake becomes enormous. If handled properly, this can be a place where you are creative and inventive.

MC=Saturn/Neptune (Orb:1 Deg 20 Min)

You are likely to become more serious about your spiritual path and religion while in this area, and to make concrete and definite steps towards becoming a more sincere, deeper, more spiritually focused person. This area inspires you to make real changes to align your life with real and honest spiritual ideals. As a consequence you can grow as a person here and direct your energies to higher purposes. However, you may also give less attention to maintaining vital physical health, as your attention is drawn to inner longings and needs. If you are unwilling to develop more deeply as a person, these longings can register in your mind as a discontent with the life you have, while not completely really realizing that you must find fulfillment from a deeper source. Your physical health is sensitive and any neglect of the care of your physical health is likely to result in feeling tired or having colds or other problems. By bravely moving forward, being willing to follow your inner guidance and higher inner needs, and by maintaining good health habits you should be able to avoid health problems. Do not, however, take your health for granted, and make sure that you do things to stay fit and healthy.

Asc=Sun/Moon (Orb:2 Deg 30 Min)

This location is comfortable for you, and your health is likely to be good here. You are able to create a balanced life style here where both work and family are given attention. You are likely to have friends at work, and also be able to work on constructive projects at home with your family. This balance is healthy and tends to make you feel comfortable and well-balanced as well.

3: LONDON, ENGLAND 51N30 0W10 4 TA 48 14 CP 15

MC Novile Moon (Orb:0 Deg 17 Min)

A good place for family therapy and emotional support. A positive place for nursing care for the elderly because there is a feeling of family and a supportive community here.

IC Novile Pluto (Orb:0 Deg 06 Min)

A good place to probe the motivations behind your career path, and to make adjustments that benefit you and those you work for.

Asc=Mercury/Uranus (Orb:0 Deg 03 Min)

Your nervous system seems to run faster here. Lots of creative ideas come to you, and you are likely to have more ideas than you know how to handle. If you find your mind is racing or the pace of your life is too hectic, find ways to re-center yourself and calm yourself. Take sensible steps to strengthen and stabilize your system. For example, making sure you are getting enough calcium and B vitamins is better than drinking so much coffee that your caffeine intake becomes enormous. If handled properly, this can be a place where you are creative and inventive.

Asc Opposition Saturn (Orb:4 Deg 15 Min)

You can become involved in a relationship where the emphasis is on care-giving. Either you are taking care of someone else or vice versa. Being responsible and being a good friend or family member makes you a stronger and better person, but you must also find time to play, explore, and enjoy the gifts that life also gives. Otherwise, you can become too sullen, too constrained, and lose enthusiasm, which consequently your vitality, flexibility, and resiliency would be lowered.

Asc QuadNovile Mars (Orb:1 Deg 13 Min)

A good place for strengthening and intensive healing, such as deep tissue massage, etc.

Asc=Saturn/Neptune (Orb:2 Deg 14 Min)

This area inspires you to make real changes to align your life with very deep and honest spiritual ideals. Consequently, you can grow as a person here and direct your energies to higher purposes. However, strive to make the changes gradually so that your body can adapt. For example, changing from being a meat eater to a pure vegetarian overnight is difficult for the body and may not be healthy. Very often the body has to learn and grow into new habits. The real shift in direction that your life wants to take requires courage and common sense.

Keep in mind also that simple changes you make in your life style can have more profound effects than you may realize. Handled properly, your health does not need to be negatively affected here, but it does require proper handling. Too often this astrological influence results in at least temporary lowered resistance to disease and feelings of weakness or listlessness. By building new habits and working to align your life with your ideals, these negative tendencies do not need to occur.

MC=Moon/Mercury (Orb:2 Deg 24 Min)

You are able to communicate with others in a friendly and warm way in this location, and your career is likely to bring you into contact with people who have good communication skills and care about others. These positive and warm relationships build a sense of comfort and stability in your life. Consequently, this is a place where you are likely to have a healthy and stable life. The influence on your physical health is indirect and not extremely strong, but it is positive.

4: BUENOS AIRES, ARGENTINA 34S38 58W28 24 AQ 21 19 SC 37

Asc Opposition Pluto (Orb:0 Deg 12 Min)

You can become involved in a deep and complex relationship with another person in this place. If there are unresolved issues or hidden agendas, the inner conflict you feel can manifest physically. Do not avoid intense relationships, but also communicate clearly and honestly so unresolved issues do not fester.

MC Square Mercury (Orb:0 Deg 28 Min)

In this geographic area you are likely to find yourself involved in debates with others on many different topics. Difference of opinion with colleagues arise and must be resolved. If you are able to present solutions to problems, to learn from others, and share with others in a positive way, then this also boosts your moods and even your health. On the other hand, if you find yourself feeling frustrated and often in disagreement with others, you may find yourself feeling very tense, feeling nervous or unsettled, and over time this has a negative effect on your health.

MC Trine Uranus (Orb:0 Deg 41 Min)

If you are looking for greater freedom and creativity in your work, then this may very well be a good place for you. You attract situations that allow you a great deal of freedom, and your creative energies tend to work positively for you here. The feeling of liberation and creativity can be very good for your health. Over time, however, be sure that there is enough structure and regularity in your life to get regular sleep, etc. This should not be very difficult to do, but sometimes will require a conscious decision on your part to decide that you must get to bed at a reasonable hour, and maintain other important routines in your life.

Asc Square Mars (Orb:0 Deg 46 Min)

In this area you are likely to become involved with others on shared projects with a goal of fulfilling a clearly defined mission. Try to avoid arguments and hostility because there is a tendency for hostility to arise when frustrations are encountered. Hostilities, even if you succeed in the battle, can undermine your physical health and vitality.

Asc Trine Neptune (Orb:1 Deg 43 Min)

You are able to connect with your highest dreams and ideals in this area. You are also able to connect with others who share these ideals, even though some of these people may have a different social, religious, demographic, or ethnic background. These experiences make you feel comfortable and help give your life meaning and purpose. These experiences promote good health, but you must also avoid being a bit passive or trying to take short cuts. Avoid overly simplistic and unrealistically easy ways to achieve your dreams. If you become too lazy or passive, your vibrancy and energy will also be diminished.

Asc BiNovile Moon (Orb:0 Deg 11 Min)

A good place for emotional support, a feeling of family, and a supportive community.

MC BiNovile Sun (Orb:0 Deg 38 Min)

A good place for vocational guidance, a sense of direction, family therapy, and other healing therapies and treatments.

MC BiNovile Venus (Orb:0 Deg 46 Min)

A good place to feel loved, appreciated, and to feel special. Others are able to see something beautiful in you, and likewise you see special, beautiful qualities in others.

MC Conj Mars (Orb:3 Deg 57 Min)

You are aggressive in your career in this location, and you are likely to achieve a high level of success if you live in this area. If your energy level tends to be low, you are likely to feel invigorated in this area. You may also find yourself trying to achieve more than you realistically can expect to achieve in a given amount of time. If you are an ambitious person, you may overwork in this area. As long as you do not let your ambitions dominate your life and push you too hard, then this is a place that is good for your health. You are dynamic, vigorous, and active.

MC=Moon/Saturn (Orb:2 Deg 10 Min)

You are able to find privacy and quiet in this location. You can also gain some objectivity and greater emotional depth here. However, life may be a bit somber and unexciting. Lack of enthusiasm and joy can also lower your resistance to illness. If there is not enough exuberance and optimism in your life in this location, spending some time, even if just weekends, for example, in other places, can add some enthusiasm and pizzazz to your life. This will boost your energy level and be very healthy for you as well.

MC=Mercury/Pluto (Orb:2 Deg 02 Min)

In this area you are likely to be able to solve problems and, for example, obtain a diagnosis or analysis of a situation that is able to identify the root cause of a situation. This is also a good place for psychotherapy and family therapy.

