

THE SPIRITUAL TRANSFORMATION REPORT

by Lorna Houston

Oprah Winfrey

29 January 1954

4:30

Kosciusko, Mississippi

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Listed below is a list of planetary positions at birth for

Oprah Winfrey

Positions of Planets at Birth:

Sun	9 Aqu 00	Pluto	24 Leo 09
Moon	4 Sag 32	True Node	23 Cap 56
Mercury	19 Aqu 09	Asc.	29 Sag 41
Venus	8 Aqu 51	MC	17 Lib 25
Mars	23 Sco 35	2nd cusp	5 Aqu 04
Jupiter	16 Gem 39	3rd cusp	13 Pis 19
Saturn	9 Sco 03	5th cusp	14 Tau 52
Uranus	20 Can 19	6th cusp	7 Gem 52
Neptune	26 Lib 04		

Tropical Placidus Standard time observed

GMT: 10:30:00 Time Zone: 6 hours West

Lat. and Long. of birth: 33 N 03 27 89 W 35 15

Aspects and orbs:

Conjunction: 7 Deg 00 Min

Sextile : 4 Deg 00 Min

Square : 5 Deg 00 Min

Trine : 5 Deg 00 Min

Quincunx : 3 Deg 00 Min

Opposition : 5 Deg 00 Min

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INTRODUCTION

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Many people, in fact, all members of humanity who have not yet healed to the point of turning into Light - have the lingering effects of one or more past traumas which are preventing their full potential from manifesting. Some of these past experiences may be recent; some may be things which happened in your childhood which we might not even remember; and some may have come from prenatal events or events which happened before we were even conceived.

Astrology is an excellent tool for zeroing in on where each individual's blocks may be and then suggesting new ways of thinking which will bring about healing and freedom from the past.

Other theories of past reconstruction tend to be unnecessarily tedious, expensive and usually unproductive. For example, non-astrological therapies which go back into the past may dwell on unhappy memories and even increase the pain rather than bring in the solution. Similarly, past life regression may just give more of a feeling of lack of personal power. In reality, the only constructive reasons for going back into the past is to determine what the individual concluded as a belief from the experience and then to replace that belief with a more positive one.

For example, if you experienced hunger sometime in the past and developed a fearful belief from it that you could starve, you would feel more secure by adopting a newer, positive belief to allow the good to enter into your life in the future. You can choose to believe instead that you will always have plenty of nourishing food. You will then be likely to go joyfully to the health food store and even plant your own vegetable garden. You will expect something good to happen and then you will make it happen. You will overcome the possibility of not having enough food. Our beliefs are the thoughts which create our actions. Even if the new belief seems impossible at first, you will be surprised at how fast you start to notice positive changes.

Best Wishes, Lorna Houston

CHAPTER 1: LUNAR NODES

Your lunar nodes give you an overall picture of your life - where you have been and where you are going. Your South Node indicates the overall impressions which you have from the past and what karma you need to come to terms with to move ahead to a bright and happy future. Your North Node outlines what that positive future will be like - the meaningful life path which you will be free to pursue once you have got your past limitations out of the way.

Whether you choose to look at your past in terms of inheritance from your ancestors or past lives in previous incarnations, the overall pattern of your South Node will be the same. It will be an abstract description of however you conceptualize your past influences. Similarly, your North Node will be an abstract impression of your future growth and it will be up to you to fill in the details of how your life mission will unfold.

North Node in Capricorn - South Node in Cancer:

You were well nurtured in your early years, with your every need being met. However, having things done for you does not allow you to become responsible yourself, and you need to leave the security at home to achieve your own career success. This may be difficult because your mother will try to keep you from leaving home. You need to realize that staying home would only keep her from addressing her own needs and it would keep you from becoming your own person. Set an example for her of how to care for one's self.

North Node 1st House - South Node 7th House:

In the past you have devoted yourself to a partnership, but having learned its lessons it is now time for you to strike out on your own. You will gain confidence as you go along.

CHAPTER 2: SATURN

Saturn represents the area(s) where you have been held back, but on the positive side it gives you stability and awareness of your roots. Saturn can be viewed as the influence of your grandparents, the Sun as your father's influence and the moon as your mother's. In a family with healthy relationships, Saturn will give you the sense of outer authority which you will then internalize as your own independent self-discipline as you grow. Your grandparents will be seen as laying the groundwork for future generations to progress.

However, if family conditions have been less than perfect, your grandparents may have left their unresolved problems to your parents who have then passed on this burden to you. A grandparent may have been absent, too strict and harsh, or even deliberately sadistic and controlling. He or she may have experienced great lack or deprivation, such as poverty, cold, lack of shelter, lack of water or food, or overworked and harsh conditions. Your own liberation will come from realizing that you are not being disloyal or disobedient when you create a future in which you will let go of these influences.

Saturn in Scorpio:

Your grandparents had to struggle very hard because of challenging circumstances beyond their control. They may have faced war, deaths, poverty or financial explorations. However, they learned from all this to

be very brave, persevering people. You have benefited from these lessons which they learned and you can create your own, bright future.

Saturn in 10th House:

Your ancestors may have worked their way to the top in important positions, but they have likely become too attached to status and not interested enough in deeper values. You do not need to follow in their shoes because you are your own person and you can create your own life the way you want it to be.

CHAPTER 3: THE MOON

An understanding of your Moon is very important in overcoming past traumas because it represents your emotions and it is your emotions which must be healed. The Moon is indicative of the motherly influence in your chart and mothers are the early source of nurturing. If you can bring in enough nurturing, at any stage in your life, to offset any past traumas, you will have successfully offset whatever was in essence the opposite of being nurtured.

So, you need to learn how to nurture yourself better and then to carry this out in specifically addressing the area(s) of hurt. You can work on this by yourself and/or you can seek out the help of family, friends, community resources and religious supports. The main thing is to come to see you are loved and worthy of love. Keep re-affirming this thought so the love will get bigger and bigger in your mind and the experience of lack of love will get smaller and smaller.

Moon in Sagittarius:

Your mother raised you according to her own very positive philosophy or religion. Even if you are challenged by those who want you to be more scientific or more open-minded, your optimism will see you through. Of course, you are free to explore any new beliefs you want as an adult; this would not be disloyalty to your mother because it would be done in the context of the belief that the truth will prevail.

Moon in 11th house:

You grew up in almost a group atmosphere with your mother inviting her many female friends and their children over to visit. Or, you may have been raised in a day care setting. You learned to be open-minded to all kinds of people and to feel more secure in a group. However, sometimes you need to be alone to get centered and to re-charge your feelings.

CHAPTER 4: THE SUN

While the moon rules your mother and unconditional love, the Sun rules your father and conditional love. In other words your father teaches you there are limits on behavior, as you will be rewarded if you behave well and not if you don't. If your father was not present or if he did not perform his fatherly role for some reason, then you may have became subject to traumatic experiences brought about by persons who disapproved of your behavior. It is also possible that your father, or whoever was in the fatherly role, abused you in some way. This would have left you with two challenges to overcome: to heal from the abuse and to learn socially acceptable behaviors from someone else. What you can best do is to seek out

persons who are reliable, trustworthy, well-adjusted father figures and learn from them. For example, there are ministers, counselors and teachers. If one of these other persons turns out not to be reliable either, then do not be discouraged and do not blame yourself; you have not done anything wrong.

Sun in Aquarius:

Your strength is in your large network of friends and acquaintances. You can rely on them to help you and you in turn help them. Because you are so inventive and future-oriented, the limitations of the past do not hold you back. You are in tune with the universal level of creation which is high above earthly problems.

Sun in 2nd house:

Your establishment of security and wealth is highlighted in your life. You have the energy to work hard and earn money, and focus on the best ways to spend it or save it. Particularly if you were poor and did not have security in the past, you now have the strength and willpower to transcend these issues.

Sun Conjunct Venus:

As you have a joyful, loving disposition, you are not bothered by negative past experiences, and you go ahead and love life.

Sun Square Saturn:

Because your father was likely raised too strictly, he developed a harsh personality and the burden of his strictness would have been passed on to you. You would tend to subject yourself to a harsh life even if you move away from your father; unless you introduce a new, positive set of beliefs and expectations at the subconscious level. Learn to enjoy leisure and know you deserve ease rather than struggle as much as anyone else.

CHAPTER 5: ASCENDANT

While your Sun and Moon represent your father and mother respectively, your Ascendant represents yourself. It is the area of life where you outwardly express your individuality. Your other planetary experiences all come together to be expressed through your Ascendant. It, therefore, is the part of you which others readily see.

In other words, if you want to improve the way in which others see you, you can either change the way in which you express yourself or, if necessary, make deeper changes which will then show through.

An additional approach is to focus on improving your self-confidence. You may be free of any underlying problems; but if you do not believe in yourself, you will not come across as being the wonderful person you really are. So, believe in your own magnificence and think of all the ways in which you are wonderful.

Ascendant in Sagittarius:

To others you appear to be enthusiastic adventurer. You will impress others as being an inspired educator who will either teach others in a foreign land or be a minister or professor closer to home. You will seem to be a positive thinker who has transcended any past problems.

Asc. Sextile Neptune:

You are blessed with a psychic talent to tune into the emotions of others and even heal them. You are very artistic and creative and you are able to include subtle details in your art which draws the attention of others to how they too can be more receptive and sensitive. You are kind and compassionate to those who may be suffering.

CHAPTER 6: MERCURY

Mercury rules the communication, learning and teaching. If you are trying to free yourself of a past trauma, it is healthy to communicate your needs, either to someone who is a helper or to others who are facing the same problem.

You can learn about how others have dealt with similar challenges and then share this knowledge with others.

If you have been abused as a child and the abuser has told you not to tell anyone about it, you do need to feel guilty or ashamed about seeking help. Often there are telephone lines where you can talk to someone about it without even having to meet the person you are talking to. It is essential to your happiness to get your feelings out and not store them inside. When no one speaks up, it is common for those who have been abused to think they are the only victim, but this is seldom the case.

Mercury in Aquarius:

Your thinking is very future-oriented and you are not likely to be held back by any unresolved emotions from the past. That is because you understand the underlying order of the universe and you see everything is unfolding as it should.

Mercury in 2nd house:

You direct your thinking towards practical matters such as financial success and do not let your emotions about anything in the past interfere with good work now.

Mercury Square Mars:

Others may at times consider you to be argumentative but it is good trait to be able to stand up for yourself and to protect yourself verbally if anyone ever tries to take advantage of you. In this way you avoid any traumatic experience from which you would later have to heal.

Mercury Trine Jupiter:

You would have special talent for traveling to various faraway places to spread a message of positive hope and faith. You would uplift many who may have been stuck in their despair about the past by motivating them to look at life in a very optimistic light.

Mercury Quincunx Uranus:

If you remain focused, you will be an inventive genius who can follow your ideas through to their practical applications. You need to integrate your inventive flashes with enough patience and hard work! This positive approach will be far better than just going around feeling as if your future progress is held back by the past.

Mercury Opposition Pluto:

You need to find a balance between your interest in objective, scientific study on one hand and your interest in deeply emotional subjects on the other. You can work this out by combining field studies of intense, life-or-death topics with reporting and analyzing them.

CHAPTER 7: VENUS

Venus rules love and it is not unusual for those who have been rejected in love to feel some kind of ongoing trauma. Venus rules your heart and you need to heal from these feelings in order to love again. The main thing is not to withdraw from others for too long or to shut off your emotions.

If you have not recovered after a long time, it may be you have another underlying, unresolved issue. For example, if you felt rejected by a parent even before you met that person, you would have to go back and heal that first.

Venus can also be involved in abuses such as sexual assault. This would most likely have occurred after puberty, although non-violent pedophilia of a child victim can occur with a Sun-Venus combination.

The path to healing involves learning to love yourself and restoring your self-esteem. There are professionals and crisis clinics who can help you. You may also wish to focus on justice and self-empowerment.

Venus in Aquarius:

You need to have freedom in your personal relationships and to have many friends and acquaintances. This usually works well for you, but occasionally you could find yourself befriending someone whose moral standards are too off-beat for your well-being and you need to take sensible precautions.

Venus in 2nd house:

You might tend to seek a partner who can give you wealth and business success. This can work out happily but there may be some potential partners who object to the idea of being loved for their money and not for themselves. The key is to begin by loving yourself and this love will extend into your partnership. Find real security within.

Venus Square Saturn:

It is difficult for you to feel optimistic about forming happy relationship. This influence came down to you from your grandparents, who were very strict and stern. However, this is a new moment and with conscious effort and willpower, you can leave the past in the past and have happy relationships now.

CHAPTER 8: MARS

Mars is traditionally the war-god and the past traumas associated with it are likely to be associated with war, conflict or aggression. Of course, the opposite to war is peace and the pursuit of peace is the obvious antidote for trauma from wars.

However, it is not always simple as discouraging one's aggressive side. Aggression still needs an outlet and suppression of it will only lead to more conflict. The key is to channel the war skills into peaceful channels. For example, we will always need aggressive people to put out the fires, catch the criminals and do the construction work.

Another aspect of handling Mars energy is to develop your self-confidence. Someone who studies martial arts and knows he or she could win a fight if the necessity ever arose does not feel the need to get into conflict to prove something out of insecurity. Also, if the trauma you are suffering involves having been victimized in a conflict, you would feel safer knowing you have learned to defend yourself if you ever have to in the future.

Mars in Scorpio:

You are unlikely to forget about the emotional effects of any past traumas until you have had a chance to fight back. You can be very aggressive and relentless in attacking the opposition, regardless of whether they appear to be bigger and stronger than you. You will remember what they did and you will fight back even to the point of being a martyr.

Mars in 11th house:

You are very assertive in leading groups of people to achieve a great deal, especially in the area of social reform or the promotion of new ideas. Make sure your associates are reasonable and law-abiding people so you will not become involved in unconstructive, rebellious causes.

Mars Trine Uranus:

You are fortunate to be able to handle your aggressive, rebellious energies in a positive, constructive way. For example, you are very inventive, especially with electric devices or anything to do with aircraft. You are able to put the past in the past and forge ahead happily into the future.

Mars Square Pluto:

You may have suffered a past traumatic experience of war, death or violence or been close to this type of thing. What is happening is your intense willpower has brought you with the realm of the higher, universal source of energy but you have not yet mastered it because you are still too ego attached. You need to stay on the spiritual path and elevate your ego energy to a higher plane until you experience a spiritual rebirth above and beyond the level of trauma.

Mars Sextile N. Node:

You have learned the lessons of the past and now you have the chance for a bright future. It is through your own faith and belief that you have reached the experience of ease and thankfulness which you enjoy now.

CHAPTER 9: JUPITER

The type of traumas associated with Jupiter tends to have to do with religion or culture. For example, you may have suffered from poor treatment on the part of those who did not accept your religious beliefs. Another possibility is you may have been forced to leave your traditional surroundings and then suffer the culture shock of getting used to another country. Or, it may be that persons of another culture have moved into your homeland and made you feel as if you do not belong. In any of these instances, your need is to re-connect with your roots.

Jupiter energy has great potential to heal you from past traumatic experiences. It involves positive thinking, faith and knowledge of the Divine. In fact, it represents the underlying meaning of all religions and cultures. Its optimistic attitude can take you out of past, negative patterns and replace them with an enjoyment of the present moment and a joyful expectation of the future.

Jupiter in Gemini:

You are likely to have a vast knowledge of religion and philosophy from your studies and you might feel a calling to travel and give lectures about it. Your beliefs will take you high above the plane where problems from the past could linger. However, you also need to balance your higher learning with practical application to get its full benefit.

Jupiter in 6th house:

You have a talent for healing others from any past traumatic experiences because you are inspired by your faith and you enjoy the practical work of uplifting others through the healing arts.

CHAPTER 10: URANUS

Uranus rules sudden changes and any past traumas associated with it are likely to be related to sudden unexpected events such as a lightning strike, a revolution or a sudden earthquake. These events occur when the tension builds up over a long period of time and then suddenly releases. Similarly, if you have built up a lot of tension or if you have been kept down and unable to express yourself, you will be more prone to sudden events. There is really not such a thing as an "accident" because it results in a predictable way when the normal need for change gets repressed.

Insofar as Uranus rules astrology, you can study astrology to predict when sudden, Uranian events are likely to occur in general and in your own life, and then you can make plans to be prepared (or even alter your life's course) ahead of time. You can come to expect sudden changes will be positive and they will be the work of the Divine-righting the wrongs and re-balancing the energies. Then you will anticipate the future with excitement rather than fear.

Uranus in Cancer:

As you have some conflict as to whether you want change or the stability of your home, you need to guard against any accidents in the home. You will do well if you turn your home into some kind of unique place, such as a place where your friends can meet or modern décor.

Uranus in 7th house:

Although you are very progressive in your thinking, the one area where you may have lingering emotion effects from the past could be a marriage or the relationship which did not work out. However, your need for more freedom is very great and the partnership would have held you back. You need more innovative relationships.

Uranus Opposition N. Node:

You are somehow held back from getting on with your future by a need to stand up for the preservation of the status quo. It may be you do not agree with what others deem to be progress or it may be the old way of doing things works better.

CHAPTER 11: NEPTUNE

Neptune rules emotional receptivity and on the higher level. If you have suffered a past trauma related to Neptune it may be because you were a defenseless victim who was too busy being receptive to assert yourself, or it may be you very compassionately helped someone else and suffered the trauma as an intentional self-sacrifice to save the other person.

The key to healing from such traumas is to get your emotional energy flowing again. You need to talk out your emotions and express them in creative ways, such as by writing poetry, songs, doing art or singing and playing an instrument. It would help you to work with nurturing, non-judgmental, supportive people, so you can express your inner feelings safely. For example, you need to be with people who appreciate your art as self-expressive and who are not concerned with whether it is "good".

The water element could heal you such as swimming, fishing or paddling a canoe out in nature.

Neptune in Libra:

You were born in a generation when those who got married had a special, emotional bond with each other. On the other hand there were those who neglected their partners because of either addiction or poverty.

Neptune in 10th house:

You have the potential for a very successful career involving either compassion as minister or healer, or else creativity such as an actor or musician. Take care along the path so you are not deceived by persons pretending to get you ahead when they are not. Always be honest in your dealings.

Neptune Sextile Pluto:

You were born in an age when there were many opportunities for the people on our planet to align ourselves with a greater spiritual purpose. The key to doing this is kindness and compassion. If these opportunities are taken advantage of, the survival of our planet will be ensured.

Neptune Square N. Node:

In your attempts to get on with your future, you may be challenged by poverty, addiction, or some type of victimization. However, as long as you apply your willpower, you will overcome these challenges. Focus on seeing the truth through any illusions.

CHAPTER 12: PLUTO

As Pluto rules extremes, it rules many types of disasters and traumas. It rules death but it also rules rebirth. If you have ever faced a life-or-death situation or a series of intense circumstances which seemed to be beyond your control, it is likely there was a Pluto transit in your chart.

The events may have affected your emotions deeply and perhaps left you with a fear that something similar could happen again. For example, if you lost relatives in World War II you might be afraid that uncontrollable events could cause you to lose relatives again. However, a study of astrology can give you insight into this and transcend the fear. In World War II, most of the people had Pluto in either Gemini (ruling aunts, uncles and cousins) or Cancer (ruling the mother and children). Pluto will not be in either of these signs again during the normal lifespan because it takes Pluto 248 years to revolve around the Sun and be in the same sign again. So, even if Plutonian events seem unpredictable, they are part of your overall plan and when that is realized, a rebirth occurs.

Pluto in Leo:

You were born into a generation when the uncontrolled differences between countries were maximized and the destruction of the planet became a fear. The seriousness of these possibilities caused a turning to fun, children, games and recreation as being a better solution than to have power struggles and their potential outcomes.

Pluto in 8th house:

Your early life was affected by extreme life-or death events which may have used up your family's financial resources. There was a need to rebuild again from the ground up. Through your own willpower you learned to cope emotionally with the most challenging financial and even human losses. You have developed great courage which will now benefit you through life. You invest your money very wisely and have insurance and legacies set up.

Pluto Quincunx N. Node:

Because of the life-or-death hardships faced by your elders, you tend to be held back by their problems until you work long and hard. However, you have the unusual willpower and the ability to practical, unemotional and well-disciplined. Therefore, you will succeed in creating a bright future for yourself. The moral characters which will have developed will benefit you tremendously in facing any situation throughout life.

CONCLUSION

This report has given you many ideas to help you transcend any past traumas. It will also be helpful for you to work with an astrologer who can help you put all of the ingredients together and get a bigger

picture. An astrologer can add what are called aspect patterns, such as a kite pattern or a yod, which do not lend themselves well to being calculated for this type of Report. Aspect patterns can give you further insight into how several planetary influences can interact with each other to produce a specific event. You might also get the astrologer to add your current transits and/or the transits when a specific event occurred. Your Chiron could be looked at too.

The concept of Retrogradation could be added, but retrograde planets just give the illusion that you are stuck in your past when really you have moved on. If you imagine you are on a moving train and another train is moving more slowly beside you, it will look as if the other train is moving backwards when really it is not. Similarly the motions of the planets can sometimes make you think you have a problem from the past when you do not.