

THE CHAKRA HEALING REPORT FOR

Tony Robbins

29 February 1960

20:10

North Hollywood, CA

Profesional Astro Reports

www.astro-reports.com

info@astro-reports.com

Your birth chart interpretation is based on the positions of the planets at the time of your birth. For the benefit of students of astrology, these positions, along with other technical information, are listed below:

Positions of Planets at Birth:

Sun	10 Pis 36	Pluto	4 Vir 45
Moon	22 Ari 33	True Node	24 Vir 39
Mercury	25 Pis 51	Asc.	11 Lib 01
Venus	11 Aqu 39	MC	12 Can 03
Mars	5 Aqu 20	2nd cusp	8 Sco 46
Jupiter	29 Sag 57	3rd cusp	9 Sag 29
Saturn	15 Cap 52	5th cusp	14 Aqu 29
Uranus	18 Leo 07	6th cusp	14 Pis 38
Neptune	9 Sco 02		

Tropical Placidus Standard time observed
GMT: 04:10:00 Time Zone: 8 hours West
Lat. and Long. of birth: 34 N 10 20 118 W 22 41

Aspects and orbs:

Conjunction: 7 Deg 00 Min
Opposition : 5 Deg 00 Min
Square : 5 Deg 00 Min
Trine : 5 Deg 00 Min
Sextile : 4 Deg 00 Min
Quincunx : 4 Deg 00 Min

Dear Friend,

This report is about how you can heal your mind and body by being aware of the latent energies in your aura and making the best, most spiritual use of them. Your aura is a field of energy that permeates and surrounds your physical body. It has seven special energy centers within it called chakras. Chakras are vortexes of energy, and they are the places in your aura where divine consciousness can come in and manifest in your physical body, especially if you are receptive to it and use your willpower to allow it to enter.

Your aura also has three channels where the divine energy flows within your aura, and in yoga, these are called the ida, pingala and sushumna. The ida carries the life energy in the left side of your body. The pingala carries it in the right side of your body. The sushumna, which is the most important, carries it in the middle of your spiritual column.

The chakras are the places where the ida, pingala, and sushumna meet together. There is so much energy in these places that the energy whorls around as divine creative potential waiting as an ever-present resource to be manifested into physical form, so that we can bring healing life-force into our daily lives.

To draw upon this infinite source of energy, we can use meditation, prayer, or affirmations. In this way, we transcend our everyday consciousness and become receptive to the healing power within us. There are specific affirmations that can be used to direct the healing force to particular areas of the body. These are contained in Louise Hay's book "Heal Your Body". Often these affirmations are sufficient to address a particular condition, but sometimes a more specific focus is needed to get the energy to come through. That is because we may have subconscious blocks to allowing the affirmation to work, and these have to be identified and dissolved. The blocks may be present because we have grown up in a culture that asserts mind-body duality, rather than mind-body unity. There may also be blocks because of individual karma from the past or individual lack of recognition of future possibilities. This is where astrology comes in - to identify any blocks you may have and to give you guidance as to how to dissolve them, so that you can become one with the Source and fulfill your divine purpose.

Louise Hay's book also links the physical conditions and affirmations with particular vertebrae in the spine. This is helpful because the sushumna is located in the middle of your spinal column, and using the most specific affirmation possible should bring the healing light to the part that needs healing. However, if there is a blockage at the unconscious level, it will manifest on the physical level in the form of a blockage in the energy of the physical spine. The tension from this will be observable, as one or more bones in the spine will be out of alignment and there will be various symptoms in the surrounding muscles, organs, or other parts of the body. This report then, is designed to give you insight into the nature of any such blockages that you may be likely to have as an individual. The report also suggests ways of dissolving them and getting your own healing energy flowing. It will still depend on your own willpower whether you choose to use these new insights and how, in order to better your own health.

This report neither diagnoses nor prescribes, but works on the subtler level of the astral aura, as described by astrology, to understand and potentially re-direct the energies before they manifest on the physical level, so that you may be in tune with the higher, spiritual purpose for which the energies are intended rather than have them manifest as any lack of vitality or health.

This report is dedicated to my chiropractor, Dr. John Bjarnason of Toronto, who has greatly assisted me in combining my astral knowledge of my aura with its unblocked, physical manifestation, so that I have been able to enjoy better health

Best Wishes, Lorna Houston Copyright 2005

Chapter 1: The Ascendant

Libra Rising:

Your outward expression of your Heart Chakra is likely to be a reaching out to others with cooperativeness, friendliness, and fairness. Your partner is likely to provide a balance for that by being more assertive, decisive, and competitive.

Chapter 2: The Sun

Sun in Pisces:

The sign of Pisces rules the feet, and your feet can even be imagined to be in the shape of two fish, as Pisces is the sign of the fish. Your feet hold the weight of your entire body, even though they are relatively small, and they need to be well looked after to perform this wonderful kindness for you. Your feet are very sensitive, in that the sides of them have a whole system of nerve endings which can be stimulated in foot reflexology to connect with and heal the various other parts of your body. Pisces also rules your lymph glands, which, like your feet, are very sensitive on one hand, but very strong on the other. They are sensitive to any pollutants that get into your body, and it is vital to keep them clear of any environmental toxins or drugs or other impurities. They are very strong because they defend your body against bacteria and viruses. So, the less they have to fight against pollutants or toxins, the more energy they will have for fighting off infections.

Your feet are connected with your Root Chakra, and their subtler energies go down into the earth to keep you grounded. You can help keep them vitalized by also taking good care of your spinal alignment so that, for example, you will not have more weight on one foot than the other. In fact, if you care for your total health, build your self-confidence and see the joy in things, your feet and lymph glands will have an easier time keeping you healthy and happy.

Sun in 5th house:

The Sun rules your Solar Plexus, and its house shows how you bring the energy of this chakra out into the world. Your Solar Plexus gives you self-confidence, and you approach everyday life with the belief of "I can." You apply this in your ability to lead, to be artistic, and to express your love of life. You set an example for others as to how to enjoy life, and you are good at teaching children.

Sun Trine Neptune:

You are very fortunate to have been born with a special gift for acting as a channel for the divine Light, and you would do well to use this talent for its utmost good. You have an easy flow of energy between your Solar Plexus and your Throat Chakra, enabling you to let your ego serve the higher good and opening the way for your compassionate receptivity.

Chapter 3: The Moon

Moon in Aries:

The Moon has to do with the water element and Aries with fire, so you need to find a dynamic, creative outlet for your emotions, so as not to have emotional flare-ups. The Moon rules your second Chakra and Aries your Solar Plexus Chakra, so you have the ability to uplift others emotionally and keep them from wallowing in their problems by introducing positive thoughts of self-esteem and transcendence. You would teach your children not to bury their emotions inside, but instead to be extroverted and to enjoy the benefits of sports and other physical activities.

Moon in 7th house:

The Moon rules your Second or Spleen Chakra, and its house shows how you bring your emotions out into the everyday world. You can always tune in to it and say, "I feel," because your emotions are a vital part of your being. You express your emotions in your relationships, and a happy marriage is very important to you. You would also do well as a counselor who cares for people's emotions.

Moon Trine Uranus:

You are fortunate to have been born with an ability to elevate the emotional energy of your Spleen Chakra to the very high, spiritual level of your Crown Chakra. This gives you a creative genius that intrigues and fascinates others. You are able to spontaneously let go of the past and instantly land on the forefront of the future.

Chapter 4: Mercury

Mercury in Pisces:

Mercury rules your Throat Chakra and your communication with others. Pisces rules the imagination, and you may be far better at communicating in poetry or song than in words. Your creative expression is very spontaneous and fluid, and your words are able to reach others emotionally. Take the time to think about your own feelings, so that you can detach yourself from any emotional blocks and be free to let the Source speak through you.

Mercury in 6th house:

Mercury co-rules your Throat Chakra, along with Neptune. Its house shows you the areas of life where you are likely to gain information and express your thoughts. It has to do with communication, and can be summarized in the words "I speak." You are very skilled at handling detail and being exacting in your work. You have an organized mind and environment.

Mercury Square Jupiter:

You need to resolve any conflict between your logical mind that tends to view matters scientifically, and your religious view of life that uses faith as a measure of truth. However, you have the positive willpower to work this out and to broaden your approach to a more tolerant one. Mercury rules your Throat Chakra and Jupiter your Brow Chakra, and both of these have to do with different aspects of your mind.

Chapter 5: Venus

Venus in Aquarius:

Venus rules your Heart Chakra and Aquarius rules the parts of your body which pertain to flexibility and movement such as your ankles, spinal cord, blood circulation, and the rods and cones of your eyes. Your love for others is in the form of being open-minded and flexible towards their many different physical traits and ideas, so that they will feel the unconditional love of the Source. You can enhance your own health by practicing exercises that enhance your physical flexibility and by meditating to bring in the Light and new, inspired ideas.

Venus in 4th house:

Venus rules your Heart Chakra, Its house shows you the areas of life where you give and receive love and compassion. The key words for it are "I love." You are very devoted to your home and you are likely to make it into a beautiful place where you can invite those you love to come and visit.

Venus Conjunct Mars:

Venus rules your Heart Chakra and has to do with your love for both yourself and others, balance, partnerships, and compassion. Mars rules your Solar Plexus and has to do with your willpower, energy, and self-assertion. For the energy of these two chakras to work well together, focus on putting your love into action.

Venus Square Neptune:

It is a challenge for you to combine harmoniously your artistic sense of beauty and form with your more subtle psychic receptivity, but if you apply your willpower you can succeed in producing very inspired art. Venus rules your Heart Chakra and Neptune your Throat Chakra, and the challenge for you is to promote an easier flow of energy between the two, so that your imagination can be applied in a more practical way.

Chapter 6: Mars

Mars in Aquarius:

Mars rules your Solar Plexus Chakra, and Aquarius your calves and ankles. Your flexibility of movement when you walk comes from a higher self-confidence. You can extend this principle into your thoughts and actions as well. First affirm your own self-confidence. Then you will feel free to explore a wide variety of different experiences and ideas, in the knowledge that you are doing the right thing by breaking out of the mold.

Mars in 4th house:

Mars co-rules your Solar Plexus Chakra, along with the Sun. Its house shows you the areas of life where you express your initiative, desire, and physical action. The key words for it are "I can." You are likely to apply your drive towards creating a stable home and security for the future, as well as working to protect the environment.

Mars Square Neptune:

It is a challenge for you to get your self-assertiveness and ego to work together well with your higher desire to give and to be compassionate to those in need, but with willpower, you can succeed. You can find great fulfillment in letting your ego be guided by your spirit, so that you can be yourself while giving to others. It is a matter of seeing the unity beyond your Solar Plexus and Throat Chakras.

Mars Quincunx Pluto:

In the past, you may have been held back by older persons from asserting yourself because they were afraid that you could cause great destruction if you did. Yes, you do have intensely powerful inner energies, but the key to handling them is to believe in your good, and to master it. Mars rules your ego and Solar Plexus and Pluto your intense, regenerative power and Spleen Chakra. Use your positive self-discipline, which the quincunx gives you, to make sure that your ego is acting as a servant of Divine Will, rather than just being ego-attached. In that way, when you assert it, you will achieve great, regenerative good, and there will be no harm.

Chapter 7: Jupiter

Jupiter in Sagittarius:

Jupiter rules your Third Eye, and, its also rules the sign of Sagittarius in the physical plane. You have a great potential for psychic perception and for bringing this awareness out to the level where it can be used to do psychic healing. You can also help others discover which affirmations or positive thoughts will do them the most good. You would be able to master yogic breathing exercises and teach them to others.

Jupiter in 3rd house:

Jupiter rules your Brow Chakra. Its house shows you the areas of life where you express your spiritual values, positive thinking, and prosperity. The key words for it are "I see." You are generous towards your relatives and neighbors. You may benefit from travel, especially if it is to spread goodwill and positive ideas.

Jupiter Trine Pluto:

You are very fortunate to have such a powerful ability to pray for something, or meditate on it, and then have it come into being. You have a very easy, positive flow of energy between your Third Eye (ruled by Jupiter and reflecting your great, positive faith), and your Spleen Chakra (ruled by Pluto and reflecting your intensive regenerative power). Use your gift for the great good of yourself and others.

Chapter 8: Saturn

Saturn in Capricorn:

Saturn rules your Root Chakra, which is the source of your energy to bring your goals into actual manifestation. Capricorn is ruled by Saturn, so you have a very ready ability to carry out what you intend to do with the utmost organization and efficiency. In order to derive the maximum benefit from this ability, make sure that the goals you pursue are actually ones you agree with, rather than what you learned from someone older, who may not be entirely up-to-date. If you do this, all will go well and you will become free of any tension in your knees.

Saturn in 4th house:

Saturn co-rules your Root Chakra, along with the Earth. Its house shows you the areas of life where you express discipline, responsibility and structure for your survival and grounding. The key words for it are "I have." You take your home and family responsibilities very seriously and work hard to have a secure home.

Saturn Quincunx Uranus:

You may have been discouraged in the past from using your inventive mind to solve practical problems, but you know within that you have talent in this area. Take advantage of the opportunities that you now have and adapt yourself to present conditions. Train your mind to be both organized and creative. Encourage a freer flow of energy between your Root Chakra and Crown Chakra.

Chapter 9: Uranus

Uranus in Leo:

Uranus rules your Crown Chakra, the source of your infinite potential for new ideas and knowledge. Leo is a fire sign, bringing enthusiasm and passion to the manifestation of your original thoughts. You come across as being confident that your ideas are good. You bring ideas to life and make others want to expand their minds too.

Uranus in 11th house:

Uranus rules your Crown Chakra. Its house shows you the areas where you express your universal understanding, knowing and intuition. It also shows where you express your urge for freedom and individuality, and the types of friends you will choose and groups you will join. The key words for it are "I know." Since Uranus also rules the eleventh house, you are especially individualistic, innovative, and egalitarian. You are likely to join groups of people whose ideas are on the leading edge of new discovery in science, astrology, or social reform.

Uranus is Retrograde

You may have learned when you were young that you had to conform, rather than enjoy your own freedom of thought. However, these restrictions were imposed by older people of a past generation and there is no reason now to be held back. You are now free to trust your Higher Self and be every bit as enlightened as you want to be. You do not have to go to great lengths to prove that you have your freedom, because you already have it, and the Universe approves of you. Your potential for new, original thoughts is infinite.

Chapter 10: Neptune

Neptune in Scorpio:

Neptune rules your Throat Chakra and your ability to listen on the subtler level. Scorpio is capable of handling extremes. You are able to understand others in a very deep way. You could even help them handle grief by being sympathetic, and at the same

time not being afraid of dealing with the intense topic of death. Your insights are very profound.

Neptune in 2nd house:

Neptune co-rules your Throat Chakra, along with Mercury. Its house shows you the areas of life where you express your ability to listen and to reflect back creatively what you hear, especially when you are acting as a channel for a higher source. The key words for it are "I speak," but also "I listen." You have material resources for yourself, but you are also willing to share with the poor by giving money, food, or housing.

Neptune is Retrograde

There may have been influences in your childhood that taught you that you did not have musical ability or that your perceptions were incorrect. However, the people who taught you that were under illusions themselves, and you do not need to be held back by their limitations. Believe in your own ability to listen and to be sensitive. Believe that it is safe to do so. You are responsible only for yourself, and your main relationship is with the Divine. Do not accept blame for others, but rejoice in the fact that you are safe to grow.

Chapter 11: Pluto

Pluto in Virgo:

Pluto rules your Second Chakra, in your lower abdomen. It has domain over your emotions and sexuality. Virgo, on the other hand, is a very rational sign of the mind and intellect. However, your mind would not exist if you had not been created in physical form, and your body is essential as a temporary house for your soul. Therefore it is important to recognize the importance of your emotions and sexuality for your overall health, including the evolution of your mind and soul.

Pluto in 11th house:

Pluto co-rules your Second or Spleen Chakra, along with the Moon. Its house shows you the areas of life where you express your regenerative ability and your willpower to transcend mass karma, as well as your emotions and sexuality. The key words for it are "I feel." You are able to accomplish tremendous good by working in groups and organizations. You have a transformative influence on your friends and acquaintances and vice versa. You could use astrology or occult knowledge for the benefit of many.

Pluto is Retrograde

You may have observed inhibitions in your childhood about your sexuality. However, realize that the adults who taught you to feel guilty had problems of their own, and that you do not have any real problems yourself. Affirm that your own feelings are real and

acceptable. Love yourself and love your body. Release the past and know that you are safe. Clear your subconscious mind of any inhibitions and see yourself as beautiful and lovable.

Chapter 12: Chiron, North Node, and the Midheaven

Chiron in Aquarius:

Chiron represents the link between your individual identity and the Universal, as it is located between the inner and outer planets of the solar system. In your aura, it is related to your Heart Chakra, which is the link between your lower, physical chakras and our higher, mental ones. Aquarius already has command over the highest possible mental awareness. You are already open to the vision of infinite, new ideas. First, you need to acknowledge this wonderful ability within yourself, and to love yourself for it. Then you need to expand your heart to others, so that they too can open their minds and become free. Show them how they can think in such a way as to get outside of the box, and encourage them to trust their intuition.

North Node in Virgo:

Just as the ida and pingala (the channels of life energy in the left and right sides of your auric body) meet at your chakras, the Moon's path crosses over the Sun's path at your lunar nodes. Your Virgo North Node gives you special insight into how your male and female polarities can work together for your future. You will now enjoy being more organized and logical. Your Pisces South Node shows that you have already mastered the lessons of emotion and imagination, freeing you to be more practical.

North Node in 12th house:

You are learning to express yourself more creatively in art, music, or dance, and you find this very meaningful. Your past may have taught you to be very methodical in your work, and this limited your emotional expression. As you overcome this, your Throat Chakra opens. You may even become a better singer. In order for this to happen, you may need to work on gaining self-confidence and release stress from the middle part of your body, in order to free your heart.

MC in Cancer:

You use your willpower to ensure that your home and family conform to the highest standards of goodness and respectability, and you are very sensitive to the need for the Divine Light to come in through your Crown Chakra and that of your children. Your home is a place where your Root Chakra can be receptive to the stability and steadfastness of the earth energy, which you desire for your practical needs.