

THE CHAKRA HEALING REPORT FOR

Mother Teresa

26 August 1910

14:25

Skopje, Yugoslavia

Profesional Astro Reports

www.astro-reports.com

info@astro-reports.com

Your birth chart interpretation is based on the positions of the planets at the time of your birth. For the benefit of students of astrology, these positions, along with other technical information, are listed below:

Positions of Planets at Birth:

Sun	9	Leo	48	Pluto	5	Gem	08
Moon	26	Ari	01	True Node	0	Tau	11
Mercury	6	Vir	35	Asc.	1	Sag	40
Venus	16	Can	17	MC	25	Vir	24
Mars	20	Leo	24	2nd cusp	9	Cap	09
Jupiter	21	Vir	13	3rd cusp	20	Aqu	42
Saturn	13	Ari	56	5th cusp	21	Ari	27
Uranus	29	Sag	11	6th cusp	12	Tau	22
Neptune	28	Gem	01				

Sidereal Placidus Standard time observed

GMT: 13:25:00 Time Zone: 1 hours East

Lat. and Long. of birth: 41 N 59 21 E 26

Aspects and orbs:

Conjunction:	7	Deg	00	Min
Opposition :	5	Deg	00	Min
Square :	5	Deg	00	Min
Trine :	5	Deg	00	Min
Sextile :	4	Deg	00	Min
Quincunx :	4	Deg	00	Min

Dear Friend,

This report is about how you can heal your mind and body by being aware of the latent energies in your aura and making the best, most spiritual use of them. Your aura is a field of energy that permeates and surrounds your physical body. It has seven special energy centers within it called chakras. Chakras are vortexes of energy, and they are the places in your aura where divine consciousness can come in and manifest in your physical body, especially if you are receptive to it and use your willpower to allow it to enter.

Your aura also has three channels where the divine energy flows within your aura, and in yoga, these are called the ida, pingala and sushumna. The ida carries the life energy in the left side of your body. The pingala carries it in the right side of your body. The sushumna, which is the most important, carries it in the middle of your spiritual column.

The chakras are the places where the ida, pingala, and sushumna meet together. There is so much energy in these places that the energy whorls around as divine creative potential waiting as an ever-present resource to be manifested into physical form, so that we can bring healing life-force into our daily lives.

To draw upon this infinite source of energy, we can use meditation, prayer, or affirmations. In this way, we transcend our everyday consciousness and become receptive to the healing power within us. There are specific affirmations that can be used to direct the healing force to particular areas of the body. These are contained in Louise Hay's book "Heal Your Body". Often these affirmations are sufficient to address a particular condition, but sometimes a more specific focus is needed to get the energy to come through. That is because we may have subconscious blocks to allowing the affirmation to work, and these have to be identified and dissolved. The blocks may be present because we have grown up in a culture that asserts mind-body duality, rather than mind-body unity. There may also be blocks because of individual karma from the past or individual lack of recognition of future possibilities. This is where astrology comes in - to identify any blocks you may have and to give you guidance as to how to dissolve them, so that you can become one with the Source and fulfill your divine purpose.

Louise Hay's book also links the physical conditions and affirmations with particular vertebrae in the spine. This is helpful because the sushumna is located in the middle of your spinal column, and using the most specific affirmation possible should bring the healing light to the part that needs healing. However, if there is a blockage at the unconscious level, it will manifest on the physical level in the form of a blockage in the energy of the physical spine. The tension from this will be observable, as one or more bones in the spine will be out of alignment and there will be various symptoms in the surrounding muscles, organs, or other parts of the body. This report then, is designed to give you insight into the nature of any such blockages that you may be likely to have as an individual. The report also suggests ways of dissolving them and getting your own healing energy flowing. It will still depend on your own willpower whether you choose to use these new insights and how, in order to better your own health.

This report neither diagnoses nor prescribes, but works on the subtler level of the astral aura, as described by astrology, to understand and potentially re-direct the energies before they manifest on the physical level, so that you may be in tune with the higher, spiritual purpose for which the energies are intended rather than have them manifest as any lack of vitality or health.

This report is dedicated to my chiropractor, Dr. John Bjarnason of Toronto, who has greatly assisted me in combining my astral knowledge of my aura with its unblocked, physical manifestation, so that I have been able to enjoy better health

Best Wishes, Lorna Houston Copyright 2005

Chapter 1: The Ascendant

Sagittarius Rising:

Your outward expression of your Heart Chakra is likely to be warm, benevolent, and optimistic. Your partner is likely to provide a balance for that by being intellectual, talkative, and versatile.

Chapter 2: The Sun

Sun in Leo:

Because the Sun is the ruler of Leo and because Leo rules your heart and vertebrae, it is doubly important that you maintain the health of these parts of your body, so that the great, dynamic creative energy of the Sun can flow through, revitalize you, and give you the inspiration to lead others. You were meant to spread joy, and you are very good at it, so keep allowing yourself to be joyful and happily active.

Your heart is located in the area of your second thoracic vertebra and your Heart Chakra, so you have very warm, fiery energy in great abundance in this area of your body. Use it to love yourself and to express the warm heart for which you are well known and admired. Value what you have to offer because you have the direct connection to the Life Source. If you spread this wonderful energy, others will reflect their happiness and gratitude back to you, and you will be supremely happy and healthy. The key is to approach life with an open and generous heart, to forgive and let yourself feel, and the joy will flow.

Sun in 8th house:

The Sun rules your Solar Plexus, and its house shows how you bring the energy of this chakra out into the world. Your Solar Plexus gives you self-confidence, and you approach everyday life with the belief of "I can." You apply this in your ability to do research and get to the bottom of things. You are also good at handling other people's money and assuring them that their affairs can be taken care of properly.

Sun Trine Saturn:

You were born into the fortunate situation of having had good guidance and opportunities provided by your parents and grandparents, so that you can easily get ahead by being yourself. The Sun rules your Solar Plexus and Saturn your Root Chakra, and both are likely to be open the right amount so that your energy flows and you are healthy.

Chapter 3: The Moon

Moon in Aries:

The Moon has to do with the water element and Aries with fire, so you need to find a dynamic, creative outlet for your emotions, so as not to have emotional flare-ups. The Moon rules your second Chakra and Aries your Solar Plexus Chakra, so you have the ability to uplift others emotionally and keep them from wallowing in their problems by introducing positive thoughts of self-esteem and transcendence. You would teach your children not to bury their emotions inside, but instead to be extroverted and to enjoy the benefits of sports and other physical activities.

Moon in 5th house:

The Moon rules your Second or Spleen Chakra, and its house shows how you bring your emotions out into the everyday world. You can always tune in to it and say, "I feel," because your emotions are a vital part of your being. You express your emotions very well in drama or romance. You would also enjoy caring for children.

Moon Trine Uranus:

You are fortunate to have been born with an ability to elevate the emotional energy of your Spleen Chakra to the very high, spiritual level of your Crown Chakra. This gives you a creative genius that intrigues and fascinates others. You are able to spontaneously let go of the past and instantly land on the forefront of the future.

Moon Sextile Neptune:

You grew up in a home environment that encouraged your psychic receptivity and right-brain awareness, and you may be very talented musically or artistically. You are able to be nurturing of others and to tune in to their subtler, unconscious needs. You have an easy flow of energy between your Spleen Chakra and Throat Chakra.

Chapter 4: Mercury

Mercury in Virgo:

Mercury rules your Throat Chakra, which brings the Light into your communication, and Virgo would give you the ability to choose your words carefully and make sure that what you are saying is detailed and accurate. You would do well at studying other languages. You would have an interest in health and could benefit by studying more about it and teaching others.

Mercury in 9th house:

Mercury co-rules your Throat Chakra, along with Neptune. Its house shows you the areas of life where you are likely to gain information and express your thoughts. It has to do with communication, and can be summarized in the words "I speak." You are likely to study and teach philosophical or religious subjects and to speak inspiringly.

Mercury Square Pluto:

You are likely to speak very forcefully, in a way that may intimidate others. By using conscious effort, you can be more diplomatic. You have a good mind for investigating the subjects you study in depth, like a scientist or detective. You need to harmonize the energies of your Throat and Spleen Chakras for best results.

Chapter 5: Venus

Venus in Cancer:

Venus rules your Heart Chakra and is the inspiration behind your caring, protective love. It is important, that you work on your own self-esteem and self-nurturing, and then the special love you have for others will be nourished and ongoing. In particular, eat foods that are gentle for your stomach and think thoughts about how life agrees with you, and how new experiences are easy to take in. In this way, you will achieve a positive, harmonious state with yourself and your surroundings.

Venus in 8th house:

Venus rules your Heart Chakra. Its house shows you the areas of life where you give and receive love and compassion. The key words for it are "I love." Your love and emotions are very intense, especially in a marriage or other, close relationship.

Venus Square Saturn:

Although it may be a challenge for you to form lasting relationships, you can be successful at this through your self-confidence and willpower. You can express your love for others by providing for their survival, even though this may be hard work. Venus rules your Heart Chakra and Saturn your Root Chakra. You need to improve the flow of energy between the two by cultivating a more positive, happier outlook.

Chapter 6: Mars

Mars in Leo:

Mars co-rules your Solar Plexus Chakra, along with the Sun, which in the physical plane rules Leo. You have a great deal of self-confidence that works in your favor as long as you remember that it comes from the Source, rather than from your ego. If you remained tuned in spiritually, you can do a great deal towards attracting the attention of others to the higher good within themselves, and you will be very fulfilled yourself. You would especially have a talent for helping children with their spiritual unfoldment and creativity, and this will help you maintain a healthy, joyous heart.

Mars in 8th house:

Mars co-rules your Solar Plexus Chakra, along with the Sun. Its house shows you the areas of life where you express your initiative, desire, and physical action. The key words for it are "I can." You are likely to apply your drive towards large-scale financial dealings, sex or the occult, or helping people deal with death or saving lives.

Chapter 7: Jupiter

Jupiter in Virgo:

Jupiter rules your Third Eye and it would add a quality of optimism and joy to the usually serious nature of Virgo. Virgo is interested in health and healing, and Jupiter indicates a special psychic ability for doing this, perhaps through your hands. You could help others by upholding good moral values and purity. For example, there is a spiritual connection to eating healthy food and living according to good habits.

Jupiter in 9th house:

Jupiter rules your Brow Chakra. Its house shows you the areas of life where you express your spiritual values, positive thinking, and prosperity. The key words for it are "I see." You may spread your high values as a lecturer, minister or yogic teacher. You have much positive energy and goodwill to inspire others.

Chapter 8: Saturn

Saturn in Aries:

Saturn rules your Root Chakra, which is where you get your inspiration to carry out your goals and become successful. Work first on releasing any past influences which have held you back from allowing your goals to be your very own. Get beyond the idea that it is selfish to be yourself. Set goals with which you really identify. Then your work to carry them out will be joyful.

Saturn in 4th house:

Saturn co-rules your Root Chakra, along with the Earth. Its house shows you the areas of life where you express discipline, responsibility and structure for your survival and grounding. The key words for it are "I have." You take your home and family responsibilities very seriously and work hard to have a secure home.

Saturn is Retrograde

You may have had experiences where you felt that you were held back by having to do things the way your grandparents did, even though you knew yourself that these restrictions and rules were no longer relevant. Or, you may feel held back by the fact that others in your past did not have enough and barely survived, and that they are keeping you from being prosperous. Realize that these limitations are all just illusions and that nothing terrible is going to happen if you release the past and live for today. You are now free to be the authority in your own life.

Chapter 9: Uranus

Uranus in Sagittarius:

Uranus rules your Crown Chakra, the source of your infinite potential for new ideas and knowledge. Sagittarius adds a warm, fire influence to the intellect of Uranus. You present your original, inspired ideas in a very positive, optimistic way which convinces others to turn toward the Light.

Uranus in 1st house:

Uranus rules your Crown Chakra. Its house shows you the areas where you express your universal understanding, knowing, and intuition. It also shows where you express your urge for freedom and individuality, and the types of friends you will choose and groups you will join. The key words for it are "I know." You need the freedom to be yourself. You like to be the first to discover new things, and you are ready to advance into the future.

Uranus Opposition Neptune:

You need to resolve the apparent dilemma between your wealth of new ideas from your higher mind and your desire to be caring and compassionate towards others. You will discover that there is really no discrepancy here because you can reach others with compassion and bring them closer to God. They will then open their Crown Chakras, and you will then be able to enjoy relating to them on the highest level of mutual understanding.

Uranus is Retrograde

You may have learned when you were young that you had to conform, rather than enjoy your own freedom of thought. However, these restrictions were imposed by older people of a past generation and there is no reason now to be held back. You are now free to trust your Higher Self and be every bit as enlightened as you want to be. You do not have to go to great lengths to prove that you have your freedom, because you already have it, and the Universe approves of you. Your potential for new, original thoughts is infinite.

Chapter 10: Neptune

Neptune in Gemini:

Neptune rules your Throat Chakra, which has to do with communication. Neptune is receptive and half of good communication is the ability to listen. Gemini rules communication in its outward physical expression. When you speak, people can tell that you have really listened to them. You are able to perceive the feelings behind their words.

Neptune in 7th house:

Neptune co-rules your Throat Chakra, along with Mercury. Its house shows you the areas of life where you express your ability to listen and to reflect back creatively what you hear, especially when you are acting as a channel for a higher source. The key words for it are "I speak," but also "I listen." You are very good at listening to the other person in a relationship, with an ability to tune in psychically to their emotions and empathize with them. You are capable of higher, spiritual relationships on the soul level. Your sensitivity could also be applied to art or music.

Chapter 11: Pluto

Pluto in Gemini:

Pluto rules your Second Chakra, located in your lower abdomen, and ruling your emotions and sexuality. Gemini on the other hand, is a very intellectual, detached sign. However, your intellect comes from the people who create you, and thoughts are nothing without the passion of the life force behind them. One who is aware of both mind and body is well balanced.

Pluto in 7th house:

Pluto co-rules your Second or Spleen Chakra, along with the Moon. Its house shows you the areas of life where you express your regenerative ability and your willpower to transcend mass karma, as well as your emotions and sexuality. The key words for it are "I feel." You have a great ability to transform relationships, and you could use this ability to create cooperation and fairness in your own partnerships and also to help others by being a relationship counselor.

Chapter 12: Chiron, North Node, and the Midheaven

Chiron in Aquarius:

Chiron represents the link between your individual identity and the Universal, as it is located between the inner and outer planets of the solar system. In your aura, it is related to your Heart Chakra, which is the link between your lower, physical chakras and our higher, mental ones. Aquarius already has command over the highest possible mental awareness. You are already open to the vision of infinite, new ideas. First, you need to acknowledge this wonderful ability within yourself, and to love yourself for it. Then you need to expand your heart to others, so that they too can open their minds and become free. Show them how they can think in such a way as to get outside of the box, and encourage them to trust their intuition.

North Node in Taurus:

Just as the ida and pingala (the channels of life energy in the left and right sides of your auric body) meet at your chakras, the Moon's path crosses over the Sun's path at your lunar nodes. Your Taurus North Node gives you special insight into how your male and female polarities can work together for your future. You will be happy to make your life comfortable and secure. Your Scorpio South Node shows that you have already mastered the lessons of having to struggle and do things in a covert manner, freeing you to have more peace and predictability from now on.

North Node in 5th house:

You are learning to enjoy life, particularly to have more recognition, more recreational activities, and more time to spend with children. You have learned from your own past and from your parents and grandparents that a bohemian lifestyle and offbeat ideas result in too much of giving one's energy to causes, rather than being able to have a positive identity of one's own. As you become happier and more energized yourself, your Second Chakra will open. For this to happen, you may need to release some tension from your nervous system, spinal cord, and ears.

MC in Virgo:

You use your willpower to keep a clean, neat appearance that will inspire others to the highest standards of perfection. The Divine Light coming in through your Crown Chakra tells you that cleanliness is next to godliness. You desire a home that is a quiet, secluded retreat where you can be one with nature and the earth. In this way,

your Root Chakra brings in stable, earth energy.