

THE CHAKRA HEALING REPORT FOR

**Martin Luther King**

15 January 1929

12:00

Atlanta, Georgia

Professional Astro Reports

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Your birth chart interpretation is based on the positions of the planets at the time of your birth. For the benefit of students of astrology, these positions, along with other technical information, are listed below:

Positions of Planets at Birth:

Sun	25	Cap	08	Pluto	17	Can	08
Moon	19	Pis	35	True Node	28	Tau	39
Mercury	11	Aqu	45	Asc.	13	Tau	48
Venus	10	Pis	33	MC	28	Cap	12
Mars	21	Gem	54	2nd cusp	12	Gem	23
Jupiter	1	Tau	10	3rd cusp	5	Can	25
Saturn	25	Sag	21	5th cusp	25	Leo	01
Uranus	3	Ari	57	6th cusp	0	Lib	25
Neptune	0	Vir	54				

Tropical Placidus Standard time observed  
GMT: 18:00:00 Time Zone: 6 hours West  
Lat. and Long. of birth: 33 N 44 56 84 W 23 17

Aspects and orbs:

Conjunction:	7	Deg	00	Min
Opposition :	5	Deg	00	Min
Square :	5	Deg	00	Min
Trine :	5	Deg	00	Min
Sextile :	4	Deg	00	Min
Quincunx :	4	Deg	00	Min

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Dear Friend,

This report is about how you can heal your mind and body by being aware of the latent energies in your aura and making the best, most spiritual use of them. Your aura is a field of energy that permeates and surrounds your physical body. It has seven special energy centers within it called chakras. Chakras are vortexes of energy, and they are the places in your aura where divine consciousness can come in and manifest in your physical body, especially if you are receptive to it and use your willpower to allow it to enter.

Your aura also has three channels where the divine energy flows within your aura, and in yoga, these are called the ida, pingala and sushumna. The ida carries the life energy in the left side of your body. The pingala carries it in the right side of your body. The sushumna, which is the most important, carries it in the middle of your spiritual column.

The chakras are the places where the ida, pingala, and sushumna meet together. There is so much energy in these places that the energy whorls around as divine creative potential waiting as an ever-present resource to be manifested into physical form, so that we can bring healing life-force into our daily lives.

To draw upon this infinite source of energy, we can use meditation, prayer, or affirmations. In this way, we transcend our everyday consciousness and become receptive to the healing power within us. There are specific affirmations that can be used to direct the healing force to particular areas of the body. These are contained in Louise Hay's book "Heal Your Body". Often these affirmations are sufficient to address a particular condition, but sometimes a more specific focus is needed to get the energy to come through. That is because we may have subconscious blocks to allowing the affirmation to work, and these have to be identified and dissolved. The blocks may be present because we have grown up in a culture that asserts mind-body duality, rather than mind-body unity. There may also be blocks because of individual karma from the past or individual lack of recognition of future possibilities. This is where astrology comes in - to identify any blocks you may have and to give you guidance as to how to dissolve them, so that you can become one with the Source and fulfill your divine purpose.

Louise Hay's book also links the physical conditions and affirmations with particular vertebrae in the spine. This is helpful because the sushumna is located in the middle of your spinal column, and using the most specific affirmation possible should bring the healing light to the part that needs healing. However, if there is a blockage at the unconscious level, it will manifest on the physical level in the form of a blockage in the energy of the physical spine. The tension from this will be observable, as one or more bones in the spine will be out of alignment and there will be various symptoms in the surrounding muscles, organs, or other parts of the body. This report then, is designed to give you insight into the nature of any such blockages that you may be likely to have as an individual. The report also suggests ways of dissolving them and getting your own healing energy flowing. It will still depend on your own willpower whether you choose to use these new insights and how, in order to better your own health.

This report neither diagnoses nor prescribes, but works on the subtler level of the astral aura, as described by astrology, to understand and potentially re-direct the energies before they manifest on the physical level, so that you may be in tune with the higher, spiritual purpose for which the energies are intended rather than have them manifest as any lack of vitality or health.

This report is dedicated to my chiropractor, Dr. John Bjarnason of Toronto, who has greatly assisted me in combining my astral knowledge of my aura with its unblocked, physical manifestation, so that I have been able to enjoy better health

Best Wishes, Lorna Houston Copyright 2005

## **Chapter 1: The Ascendant**

### *Taurus Rising:*

Your outward expression of your Heart Chakra is likely to be very patient and able to inspire others to feel secure and stable. You are able to create beauty. Your partner's personality is likely to balance yours by being more motivated to create change and regeneration.

## **Chapter 2: The Sun**

### *Sun in Capricorn:*

Capricorn rules your knees, bones, and teeth. These parts of your body are very closely linked to your Root Chakra. You seek to maintain a solid structure which is practical and earthly, and you readily know how to bring the flow of energy from down in the earth beneath your feet up into your body where its solid influence enhances the reliability of your physical body. You are sure-footed like the mountain goat, of which Capricorn is the sign, and you make careful decisions that ensure your safety.

For you to keep the vitality for all this activity, you need to ensure a healthy inward flow of solar energy through your aura and body. As the Sun rules your Solar Plexus Chakra, you need to maintain self-confidence and balance rather than become too serious or inflexible. You also need to maintain a healthy, joyful heart and be capable of giving and receiving. You need to expand your outlook to include your entire spine and not just the lower, earthly part because each bone in the spine affects the alignment of each other bone in the spine. If you do these things, your ability to relate to earth energy will have even better, more long-lasting results and you will extend your life expectancy.

### *Sun in 9th house:*

The Sun rules your Solar Plexus, and its house shows how you bring the energy of this chakra out into the world. Your Solar Plexus give you self-confidence, and you approach everyday life with the belief of "I can." You apply this in the area of religion, where you have a great positive faith that can inspire others. You might enjoy traveling and lecturing about your positive ideas.

### *Sun Quincunx Mars:*

The Sun and Mars co-rule your Solar Plexus Chakra, and you may find that you need to apply some adaptability and positive thinking to get the energy from this chakra flowing. Know that you have the right to assert yourself and to be happy, despite any ways in which older persons may have put you down when you were young. You have great potential to discover here!

## **Chapter 3: The Moon**

### *Moon in Pisces:*

You need to value your keenly tuned emotions in order to maintain your wellbeing and to know that your finer perceptions are the key to solving your problems. The Moon rules your Second Chakra, your source of emotional insight, and Pisces relates to your Root Chakra. The Root Chakra usually pertains to the earth, but because of the water element of the fish (Pisces), it refers to the water in which the fish swims, and the water is always lower than the surface of the land. From this vantage point of reflecting what is on the land, you are able to see things in a very different and special way. You have the ability to swim to different angles or depths as you choose, or to swim away any time you want to escape. You can teach others about the connectedness of all things, as you perceive it, or you can reflect back to others how they appear, just as the water reflects what is on the land.

### *Moon in 11th house:*

The Moon rules your Second or Spleen Chakra, and its house shows you how you bring your emotions out into the everyday world. You can always tune in to it and say, "I feel," because your emotions are a vital part of your being. You express your emotions with your many friends and acquaintances who tend to share your feelings about a particular cause.

### *Moon Square Mars:*

You need to exercise willpower to express your emotions in a peaceful, yet assertive way. Your Spleen Chakra needs special, nurturing energy and attention, so that you feel nurtured and cared for without having to become too aggressive. Your Solar Plexus also demands special attention, so that you can feel self-confident enough that your emotions will not put you off balance.

### *Moon Trine Pluto:*

You have a special talent for handling intense emotions with ease. You can deal with births, deaths, sexuality, or other such topics while still maintaining your connection with your own centre, and also maintaining positive faith and optimism. The Moon and Pluto are co-rulers of your Spleen Chakra, and your Spleen Chakra is likely to be healthy and not too open nor closed.

## **Chapter 4: Mercury**

### *Mercury in Aquarius:*

Mercury rules your Throat Chakra and your communication with others. Aquarius gives you sudden flashes of inspiration, which you are instantly able to convey to others, thereby bringing the Source energy into their lives. You may have a talent for channeling or reading astrology charts in such a way as to bring in the Light. Your messages are on a high intellectual plane and your thoughts and responses very rapid.

### *Mercury in 10th house:*

Mercury co-rules your Throat Chakra, along with Neptune. Its house shows you the areas of life where you are likely to gain information and express your thoughts. It has to do with communication, and can be

summarized in the words "I speak." Your communication is likely to be for the purpose of advancing your career and will be brief and businesslike.

## **Chapter 5: Venus**

### *Venus in Pisces:*

Venus rules your Heart Chakra and Pisces rules your feet, which in turn are governed by your Root Chakra. Your love for others is of the most compassionate form because you are willing to give of yourself in order to assist the very survival of others. To do this, and to be able to continue to do it, you need to be very careful that your own survival needs are taken care of first, or you would end up taking energy from the people you are trying to help.

### *Venus in 11th house:*

Venus rules your Heart Chakra. Its house shows you the areas of life where you give and receive love and compassion. The key words for it are "I love." You like to be involved in groups and organizations, where you give love and kindness to many people and you have many friends in return.

## **Chapter 6: Mars**

### *Mars in Gemini:*

Mars rules your Solar Plexus Chakra, and the key to improving your naturally good learning and speaking skills is to work on enhancing your self-confidence and vitality. Your physical body must be healthy for your mind to work at its best. Study and speak about things that have a practical application. Notice by watching people who practice Tai Chi how the flowing movements of their arms originate from shifting the weight of their Solar Plexus.

### *Mars in 2nd house:*

Mars co-rules your Solar Plexus Chakra, along with the Sun. Its house shows the areas of life where you express your initiative, desire, and physical action. The key words for it are "I can." You would be likely to apply your strong drive by running your own business, earning money, and acquiring things of genuine value.

### *Mars Opposition Saturn:*

You need to resolve the dilemma of whether to assert your own ego and drive or work at something more disciplined and survival-oriented. Both are valid needs, as Mars rules your Solar Plexus and Saturn your Root Chakra, and both are valid parts of your total self. Find a situation where you can be energetic, such as physical work, and at the same time precise, as in having a special trade or skill.

### *Mars is Retrograde*

Mars rules your Solar Plexus Chakra, and you may have had experiences where you did not feel that you

could assert yourself, even though you would have been better off if you had. Your hesitation likely came from the influence of adults in your childhood. They may not have been able to assert themselves in their situation, and they incorrectly thought that they were helping you by teaching you to hold back and not be yourself. However, now it is safe to move beyond your built-up anger and to realize that all is well. Think positive thoughts; have confidence in yourself; and move happily on.

## **Chapter 7: Jupiter**

### *Jupiter in Taurus:*

Jupiter provides you with wonderful, healing psychic energy from your Third Eye, and the sign of Taurus brings this energy to your throat area for its self-expression. Use the energy to speak channeled wisdom. This will uplift others and make your throat feel healthier, and it will be a way in which you can attract good karma to yourself. If ever you find that the energy in your throat seems to be backing up and causing tension, do more of this channeling. You could also sing for yourself or others, especially songs with religious or spiritual meaning.

### *Jupiter in 12th house:*

Jupiter rules your Brow Chakra. Its house shows you the areas of life where you express your spiritual values, positive thinking and prosperity. The key words for it are "I see." Your spiritual search is likely to be directed within, and you may meditate, join a quiet retreat, or be alone with nature.

### *Jupiter Trine Neptune:*

You are very fortunate in your special ability to receive spiritual knowledge. You know how to listen on the subtler level, and how to harmonize this with your higher perception of what is right and good. You could use your channeling ability to help others, or you could do inspired, mystical art. Your Throat Chakra and Third Eye work well together.

## **Chapter 8: Saturn**

### *Saturn in Sagittarius:*

Saturn rules your Root Chakra, which is the source of your energy to actually manifest your goals on the physical plane. Sagittarius is the sign that most likes to set goals, like the archer aiming arrows. You have a vast ability to explore what you truly want, to decide on specific goals, and then carry them out. Rather than adhere to the dictates of the past, clear your subconscious mind of any strict religious influences that may be blocking your ability to set goals for yourself. You will then feel fulfilled because your goals will be genuinely spiritual, genuinely your own; you will be able to achieve them with great success.

### *Saturn in 8th house:*

Saturn co-rules your Root Chakra, along with the Earth. Its house shows you the areas of life where you express discipline, responsibility, and structure for your survival and grounding. The key words for it are "I have." You are very serious and responsible about handling other people's money, and older people can depend on

you. You can handle life-or-death issues calmly and rationally.

## **Chapter 9: Uranus**

### *Uranus in Aries:*

Uranus rules your Crown Chakra, the source of your infinite potential for new ideas and knowledge. Aries is very physical, and you are capable of very fast physical actions inspired by your higher mind. You could use this ability for some type of dance or sport. Through such activities you could demonstrate the flexibility of the higher mind, in the actual, physical realm where others could see it, .

### *Uranus in 12th house:*

Uranus rules your Crown Chakra. Its house shows you the areas where you express your universal understanding, knowing, and intuition. It also shows where you express your urge for freedom and individuality, and the types of friends you will choose and groups you will join. The key words for it are "I know." You may join secret organizations or be at a quiet retreat center where you can meditate and channel in your higher intuition, send healing energy to others, or tune in to nature.

### *Uranus Quincunx Neptune:*

You may have been held back in the past from opening up to your high, spiritual awareness, perhaps because of survival needs. However, now you can adapt to new opportunities and discover the infinite number of new ideas in your higher mind and your great capacity for compassion and caring. You can heal yourself and others in a very significant way. By encouraging a more vitalized flow of energy between your Throat Chakra and Crown Chakra, you can become closer to God.

## **Chapter 10: Neptune**

### *Neptune in Virgo:*

Neptune co-rules your Throat Chakra, along with Mercury, the ruler of Virgo in the physical plane. Neptune gives you psychic receptivity and subtler inspiration, which Virgo can then apply to practical situations. You would be able to use channeled energy from the Source for your own and others' healing.

### *Neptune in 5th house:*

Neptune co-rules your Throat Chakra, along with Mercury. Its house shows you the areas of life where you express your ability to listen and to reflect back creatively what you hear, especially when you are acting a channel for a higher source. The key words for it are "I speak," but also "I listen." You are physically very tuned in to children, and you could help them with their musical and artistic expression by gently supporting them and letting their talent emerge.

### *Neptune is Retrograde*

There may have been influences in your childhood that taught you that you did not have musical ability or that your perceptions were incorrect. However, the people who taught you that were under illusions themselves, and you do not need to be held back by their limitations. Believe in your own ability to listen and to be sensitive. Believe that it is safe to do so. You are responsible only for yourself, and your main relationship is with the Divine. Do not accept blame for others, but rejoice in the fact that you are safe to grow.

## **Chapter 11: Pluto**

### *Pluto in Cancer:*

Pluto rules your Second Chakra in your lower abdomen, and pertains to your emotions and sexuality. Cancer is also an emotional sign. It is through the reproductive urge that children are created, and Cancer is the mothering energy that protects and nourishes the new life. You are very much in tune with the transformative changes that the child goes through inside the womb and as an infant, and you also value the miracle of creation itself.

### *Pluto in 3rd house:*

Pluto co-rules your Second or Spleen Chakra, along with the Moon. Its house shows you the areas of life where you express your regenerative ability and your willpower to transcend mass karma, as well as your emotions and sexuality. The key words for it are "I feel." You have a tremendous ability to solve problems by using your mind to figure things out. You know how to get to the root of a problem and determine the logical solution. Your relatives have a transformative effect on your well-being.

### *Pluto is Retrograde*

You may have observed inhibitions in your childhood about your sexuality. However, realize that the adults who taught you to feel guilty had problems of their own, and that you do not have any real problems yourself. Affirm that your own feelings are real and acceptable. Love yourself and love your body. Release the past and know that you are safe. Clear your subconscious mind of any inhibitions and see yourself as beautiful and lovable.

## **Chapter 12: Chiron, North Node, and the Midheaven**

### *Chiron in Taurus:*

Chiron represents the link between your individual identity and the universal, as it is located between the inner and outer planets of the solar system. In your aura, it is related to the Heart Chakra, which is the link between your lower, physical chakras and your higher, mental ones. Taurus is ruled by Venus, which rules the Heart Chakra. You already have plenty of knowledge of the nature of love, and your first step is to awaken to how much you have already achieved. To move on to even higher realms, you can learn breathing exercises, which will spread the energy from your Heart Chakra through your body by oxygenating every cell. You would also be inhaling prana, the subtler life force, and this would energize your aura.

### *North Node in Taurus:*

Just as the ida and pingala (the channels of life energy in the left and right sides of your auric body) meet at your chakras, the Moon's path crosses over the Sun's path at your lunar nodes. Your Taurus North Node gives you special insight into how your male and female polarities can work together for your future. You will be happy to make your life comfortable and secure. Your Scorpio South Node shows that you have already mastered the lessons of having to struggle and do things in a covert manner, freeing you to have more peace and predictability from now on.

*North Node in 1st house:*

You are now learning to strike out on your own and learn independence, having observed in your parents and grandparents the limitations of partnerships and marriage. As you learn to love yourself more and assert your own needs, your Heart Chakra will open up more. Because you may have had a role model in the past who cooperated too much just for the sake of harmony, you may need to clear out some blockages in the right side of your body near your Heart Chakra, in order to be free to move ahead.

*MC in Capricorn:*

You use your willpower to obey the laws and conventions of the land because the energy coming in through your Crown Chakra inspires you to be a respectable, successful citizen. At the same time, you bring in the earth energy through your Root Chakra to create a stable, protected home life where your family can be secure.